

2023 Impact



RecoveryPeople is a 501c3 nonprofit that engages, educates, and empowers changemakers to use their lived experience to make a difference for others affected by substance use and/or related mental health challenges. In the face of stigma, support gaps, and service barriers, members of the recovery community have found purpose as advocates, workers, and/or entrepreneurs for well over a century. Together with the recovery community and allied organizations, we create a social impact network to cultivate ecosystems of recovery and drive systems-level change.



Awareness
Campaigns



Advocacy



Workforce
Development



Organization
Development



Research

RECOVERY AWARENESS

RecoveryPeople's recovery awareness programming elevates recovery solutions for substance use and related mental health challenges as well as highlights the underlying problems.



2023 ANNUAL AWARDS

In celebration of Recovery Month, a national awareness campaign held in September, RecoveryPeople annually recognizes individuals who have made significant contributions towards supporting recovery from substance use and related mental health challenges.



In recognition of her life's work promoting recovery, RecoveryPeople is excited to announce Dr. Lori Holleran Steiker as the recipient of our 2023 Lifetime Achievement Award.



In recognition of her direct support to persons in recovery, RecoveryPeople is excited to announce Jessica Ruiz as our 2023 Peer Specialist of the Year recipient.



In recognition of her making significant and positive change to research, rights, access, policy or the ecosystem, we are excited to announce Dr. Dawn Adkins as the recipient of our 2023 Changemaker of the Year Award.



In recognition of his use of media to elevate his voice in media, of lived experience and substance use recovery, RecoveryPeople is excited to announce Patrick Brown as our 2023 Media Award of the Year recipient.

The History of Recovery in Texas: Empowering Today and Inspiring the Future by Honoring the Past.

RecoveryPeople, in collaboration with Elephant Productions and with support from the Hogg Foundation for Mental Health, began production on a documentary series that will elevate the voices of individuals, affected family members and allies who used their lived experience to shape the history of recovery in Texas. Through these changemakers, the target audience -- the recovery community and their stakeholders -- will gain hope, feel a deeper connection and be inspired to contribute as a part of their own journey. The first documentary film is scheduled to premiere in 2024.

POLICY ADVOCACY

RecoveryPeople’s Policy Advocacy programming helps individuals and family members use their recovery experiences to shape and inform policy. To that effect, RecoveryPeople provides information and education on issues areas that impact persons with SUD/MH and their families.

Rights and protections	Individuals and families in recovery should be free of stigma, discrimination, and exploitation, and their current legal rights and protections must be enforced and strengthened.
Recovery organizations	Most Texans who need and want community-based, recovery services cannot access them because of the lack of peer and recovery organizations across the state, especially those who meet fidelity standards.
Recovery workforce	Nearly the entire State of Texas is designated as a behavioral health workforce shortage area, which underscores the importance of having well trained and certified peer specialists, recovery house managers, supervisors and instructors in the field.
Recovery equity	Everyone deserves a fair chance at a life recovery, but some have greater needs, higher barriers and deeper gaps to overcome. Addressing the disparities that underserved populations face is a just course of action.
Recovery ecosystem	Local systems of care that include prevention, harm reduction, treatment, and recovery services best meet the diverse and evolving needs of individuals and families with a risk for and history of substance use issues.
Justice reform	Ensuring public safety and reducing the demand for illegal drugs is important; however, we cannot arrest our way out of a disease. Substance use issues are a public health crisis that often spill into our justice system.

RECOVERY DAY

RecoveryPeople, in collaboration with the Association of Substance Abuse Programs and the Texas Association of Addiction Professionals, hosted their 4th biennial Capitol Day where 149 advocates learned about current legislation and met with their Legislators. Participants valued “Getting an understanding of the procedures and the explanation of each bill.”

BROWN BAG

RecoveryPeople hosts a virtual “brown bag” series that helps both emerging and seasoned recovery advocates better understand state and federal policies that may impact them. In 2023, 207 participated in 6 sessions, sharing: “...most of the time I am lost with the topic, but coming from my peers, I was able to follow along...”, “Incredible clarity and encouraging”, and “The instructors offered plenty of time for questions and answered all questions or concerns”.

PEER POLICY FELLOW

For a 3rd consecutive time, RecoveryPeople won a Hogg Foundation for Mental Health Peer Policy Fellowship award, which allowed us to help an advocate in recovery develop their policy knowledge, skills and abilities.

“RecoveryPeople gave me a hands-on learning experience that far surpassed any college course- and gave me a chance to magnify the voices of people in recovery while doing it.
-- Chelsea Biggerstaff”



PEER TO CAREER WORKFORCE DEVELOPMENT

RecoveryPeople's peer-to-career programming supports individuals and family members in recovery to pursue meaningful vocations in the helping field and beyond.

RECOVERY HOUSE MANAGER FELLOWSHIP

Receiving over 4 times as many applicants as we have slots available per year, the Recovery House Manager Fellowship has become one of our most popular and successful projects. Through the support of a HRSA grant, we help students complete recovery housing manager training and supervised field experience hours in order to become credentialed. In 2023, most of the Fellows were from marginalized communities: 83% reported that they had once been in the foster system and 81% reported they had a history of homelessness. At 6-month follow-up, 100% of the Fellows were employed of which 90% were employed in the recovery field.

“Without the stipend, I would not have been able to complete my field experience hours. -- Fellow

RECOVERY HOUSING MANAGER TRAINING OF INSTRUCTORS AND STUDENTS IN OHIO

Our recovery house manager curriculum has garnered national attention. In 2022 and 2023, RecoveryPeople trained 10 instructors in Ohio to deliver the curriculum and supervised them as they, in turn, trained 100 recovery house managers in their state.

“This is the best recovery house manager curriculum in the U.S. -- E.H.

ORGANIZATIONAL DEVELOPMENT

RecoveryPeople’s organizational development programming supports the expansion, enhancement and sustainability of peer and recovery organizations in order to increase access to recovery services delivered with fidelity to best practices.



PROJECT HOMES

RecoveryPeople and TROHN provides training and technical assistance to recovery housing organizations contacted by UTHealth Houston to proficiently support residents on medications for opioid use disorder (MOUD). This project is funded by Texas Health and Human Services.

“ Residents reported feeling more connected and supported living with others on MOUD. ”



PROSPER

RecoveryPeople won a SAMHSA grant to launch the Peer and Recovery Organization Sustainability, Planning, Equity and Research (PROSPER) project in late 2023. The purpose of the project is to strengthen the capacity of peer and recovery organizations to: 1) drive state, local and organization policies; access a more diverse set of revenue streams; and 3) advance the integration and provision of recovery support services across coordinated state and local recovery-oriented systems of care.



RECOVERY HOUSING FOR EMERGING ADULTS

RecoveryPeople and TROHN provides training and technical assistance to recovery housing organizations receiving rental assistance for emerging adults from UTHealth San Antonio. This project is funded by Texas Health and Human Services.

“ Completing the TROHN accreditation process made use better at what we do. -- Tim Carpenter ”



TEXAS RECOVERY-ORIENTED HOUSING NETWORK

RecoveryPeople founded and continues to provide administrative support to the Texas Recovery-Oriented Housing Network (TROHN). As the state affiliate of the National Alliance for Recovery Residences (NARR), TROHN has accredited 37 recovery residences, representing 94 properties and 1,095 recovery beds. All accredited homes must notify residents of a process that allows them to submit unresolved grievances to TROHN to uphold protections, ethics and standards and quality.

RESEARCH

RecoveryPeople's research programming supports the advancement of peer- and family-led recovery policy, workforce and support services.



NATIONAL STUDY ON TREATMENT AND ADDICTION RECOVERY RESIDENCES (NSTARR)

RecoveryPeople provided ongoing consulting to a National Institute on Alcohol Abuse and Alcoholism (NIAAA) funded study of recovery housing led by Dr. Amy Miracle of the Alcohol Research Group and Public Health Institute. NSTARR was the largest study of recovery housing of its kind. Resulting publications include recovery housing reports for all 50 states and a growing number of peer reviewed journal articles.



INFRASTRUCTURE FOR STUDYING TREATMENT AND ADDICTION RECOVERY RESIDENCES (I-STARR)

RecoveryPeople provides ongoing consulting to this National Institute of Health funded project led by Dr. Amy Miracle of the Alcohol Research Group and Public Health Institute. Starting in 2023, I-STARR began offering educational webinars for both recovery housing providers and researchers.



IMPROVING THE SUSTAINABILITY OF RECOVERY HOUSING ORGANIZATIONS TO FACILITATE LONG-TERM RECOVERY FROM SUBSTANCE USE DISORDERS

RecoveryPeople provides ongoing consulting to a research study aimed at recovery housing sustainability led by the Clean Cause Foundation and the Addiction Research Institute. The project is supported by a grant from FIRST Fund, which is managed by the Austin Community Foundation.



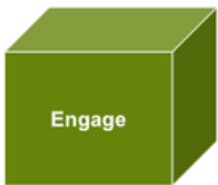
PROJECT HOMES

RecoveryPeople has provided ongoing consulting to one of the nation's largest research projects aimed at measuring the outcomes of medication-assisted recovery (MAR) housing for opioid-use disorder. Project HOMES is funded by the Health and Human Services Commission's Texas Targeted Opioid Response Program (TTOR) and is led by The University of Texas Health Science Center at Houston (UTHealth).



Engage. Educate. Empower.

To varying degrees our programs utilize a set of building blocks to engage, education and empower the recovery community, which are measured with key performance indicators.

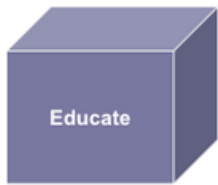


As a social impact network, we weave healthier and deeper relationships to drive social change, mobilize the recovery community and empower the voices of lived experience.

Individuals
3,546

Organizations
1,309

Campaigns
21

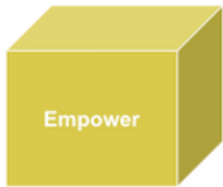


As an accredited training entity and continuing education provider, we develop and deliver classroom and self-paced education as well as scholarships to lower financial barriers to students from underserved communities.

Classroom
2,592 participants
6,108 EU hours

Self-paced
272 students

Scholarships
\$227,600



As a nationally known subject matter expert, RecoveryPeople empowers organizations and individuals with indirect technical assistance (e.g., resource linkage) and direct technical assistance (e.g., help, guidance, and support) and with administrative support (e.g., Texas Recovery Oriented Housing Network (TROHN)).

Indirect TA
16,000 users

Direct TA
178 cases

Administrative Support
1 organization

EQUITY

Everyone one deserves access to recovery, and RecoveryPeople is committed to promoting diversity, equity and inclusion through our programs. To that effect, we set health equity targets across demographic categories and compare those goals with the actual percentage of persons served. Targets are based on census data that is adjusted for disparity, such as a population that is disproportionately impacted. This data informs our rapid cycle quality improvement strategic plan, allowing us the ability to identify what is working and where there are opportunities for improvement.

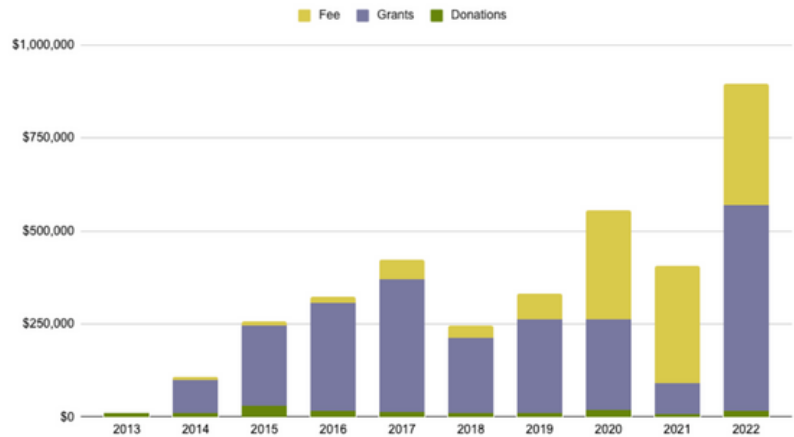
Sustainability

RecoveryPeople evaluates its sustainability in terms of financial health, network capacity, and satisfaction.

Financial Health

Since 2014, our revenue growth trend has been positive. Dips were caused by policy changes and strategic shifts. In general, our revenue comes from three sources:

- **Grants** have been a large part of our success.
- **Fee-for-service** contracts with universities and state agencies have greatly contributed to our revenue.
- **Donations** have remained low and are our biggest opportunity to help more people.



Network Capacity

In 2023, RecoveryPeople engaged a network of 3,546 individuals across 1,309 organizations from all 12 Texas Health and Human Service Regions

3,546 individuals
1,309 organizations



Satisfaction Ratings

As a part of our commitment to quality and improvement, RecoveryPeople collects satisfaction surveys from individuals who have participated in our training and technical assistance services. On average, participants in our 2023 federally funded projects rated our training a 4.89 out of 5 in satisfaction.

4.89 out of 5 ★★★★★

Donate

Donations made to RecoveryPeople are tax deductible and are vital to the sustainability of the nonprofit. Grants often require matching dollars and restrict how the funding can be spent. Donations are unrestricted dollars that can be used to leverage other funding and fill in financial gaps.

P.O. Box 1173, Elgin, TX 78621
www.recoverypeople.org/donate

